

***VISN 3 GERIATRIC RESEARCH, EDUCATION &
CLINICAL CENTER (GRECC)***

RESOURCE MANUAL

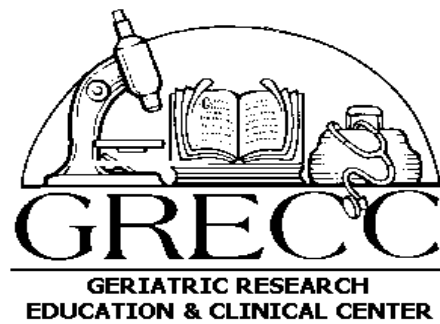


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Private Pay Care Management Agencies

Hearthside Care Coordinators

26 Court Street

Brooklyn, NY 11242

718-797-4418

Geographic Area Served: Metro NYC

Private Pay. Individual plan needs

- Physical environment assessment and management through coordination and referrals
- Home care management and financial management services
- Medical and emotional support
- Consultant services and assistance

Senior Bridge Family

845 Third Ave

New York, NY 10022

212-994-6100

Geographic Area Served: NY area

Private pay: Fees vary for services provided on hourly basis

www.seniorbridgefamily.com

- Care coordination; social support
- Skilled nursing; homecare; exercise and wellness therapy
- Financial services

Lifestream Senior Care

Westside: 320 West End Ave, Suite 1A

New York, NY 10023

Eastside: 160 East 84th St., Suite 2K

New York, NY 10028

212-585-4407

- Assessment of physical, medical, emotional and financial needs
- Assistance with benefits and entitlements; home care management and monitoring
- Comprehensive home care planning and coordination
- Consultation; counseling; crisis intervention
- Home safety evaluation

Resource for Older Adults

www.caremanagernyc.com

- Fee-for-service care management
- Home visits to elderly and disabled available
- Medicare accepted for psychotherapy and counseling

Comprehensive Care Management

877-226-8500

www.comprehensivecaremanagement.com

- Locations in Manhattan, Bronx, Brooklyn, Queens, and Westchester
- Program of All-Inclusive Care for the Elderly (PACE) – (pools Medicare and Medicaid funds to provide acute and long-term care for elderly)
- Multidisciplinary teams to facilitate independence at home- day care centers
- Must be nursing home eligible and/or require at least 120 days of LT care services
- Medicare and/or Medicaid, or private pay

Home Care Agencies/Services

Foremost Home Care

<http://www.foremosthomecare.com/>

Fees: Eligibility for Medicare, Medicaid, group/private insurance, veteran's benefits; private pay; special funding for eligible cases.

- Availability: 24 hrs/day, 7 days/week
- Certified HHAs, live-ins, homemakers, companions, RNs, LPNs
- SW services available for case management needs

Calvary Hospital Home Care Program

718-518-2465

www.calvaryhospital.org

- Certified home health agency for at-home hospice services
- Community health nurses and other specialized medical services available
- Psychosocial support services available

Home Instead Senior Care

400 East 56th Street, Suite 2

New York, NY 10022

212-614-8057

www.homeinstead.com

- Companionship; meal preparation; shopping; errands
- Light housekeeping, medication reminders

SelectCare

915 Broadway, Suite 1101

New York, NY 10010

212-505-3640

www.selectcarenyc.com

Serves all 5 boroughs – call for fees (some insurances accepted)

- Privately licensed home care agency
- HHA, companions, RN's, LPNs

VIP Health Care Services

116-08 Myrtle Avenue

Richmond Hill, NY 11418

718-849-2300

www.viphealth.com

Rates: Medicare, Medicaid and some private insurance coverage- call for fees

- Home health care services: RNs, LPNs, SW, PT, OT, Speech therapists
- HHA, personal care aides, homemakers, companions

Partners In Care (VNS)

800-675-0391

Geographic Area Served: Metro NY

Private Pay: Hourly fees based on services performed

www.vnsny.org

- Skilled nursing care; homecare services/companion services
- Ambulatory escort service; post-op procedure services
- Comprehensive case management services
- Nursing home eligibility assessment
- Professional therapy services (PT, OT, Speech, SW)

Senior Health Partners, Inc.

4 East 107th Street

New York, NY 10029

212-427-2600

Geographic Area Served: Upper Manhattan (North of 59th St.)

Private pay or Medicaid eligible

www.shpny.org

- Home-based case management services and care coordination of all services in the SHP network of care providers – must agree to have all services provided by SHP
- Various services (e.g., nursing care, home care, PT, OT, and speech therapy, social services, meal delivery)
- Day center care and related social/recreational programming with meals served
- Transportation to and from day center, and to and from medical appts
- Coordinate admission to hospital or rehab center as necessary within SHP network

Human Resources Administration

877-472-8411

<http://www.nyc.gov/html/hra/html/home/home.shtml>

Community Case Management/Social Service Programs

Catholic Charities Community Services, Archdiocese of NY

1011 First Avenue, 11th Floor

New York, NY 10022

888-744-7900

<http://www.catholiccharitiesny.org/>

- Emergency food and crisis intervention
- Housing
- Counseling and referral programs; older adult services

Lenox Hill Neighborhood House

331 East 70th Street
New York, NY 10021
212-744-5022

Geographic Area Served: Open to all boroughs; some programs limited to catchment area.

www.lenoxhill.org

- Senior Centers
- Fitness programs
- The Caring Neighbor Program: homecare and housekeeping services (Manhattan and Roosevelt Island)
- East Side Transportation: wheelchair accessible transport service 7 days/week for those unable to use public transportation; car service and taxi reimbursement for eligible clients
- Project SCOPE – supports independent, active, in-home living by providing services like home care, counseling, transportation, and friendly visiting
- Financial management services for those unable to manage own accounts- fee for service (sliding scale based on income)

The Carter Burden Center For The Aging, Inc.

1484 First Avenue
New York, NY 10075
212-879-7400

Geographic Area Served: Upper East Side

www.burdencenter.org

- Helping elderly clients to remain independent at home- social services and volunteer programs aimed at individual, family, and community needs
- Counseling, case management, advocacy, entitlement counseling, financial management services, telephone reassurance, on-site crime victims assistance
- Various social/recreational programming
- Luncheon Club and Senior Program; medical escort
- Legal referral if eligible for free legal help

DOROT

171 West 85th Street
New York, NY 10024
212-769-2850

Geographic Area Served: Upper Eastside and Westside-specific programming

Fees dependent on program/service

www.dorotusa.org

- Information, referral and case assistance- social workers and volunteers provide telephone assistance around available community resources for seniors and caregivers
- Friendly visiting/socialization program
- Shopping and escort services
- Health and wellness programming
- Cemetery visits
- Interactive educational programming (varies)

JASA

132 West 31st Street
New York, NY 10001
212-273-5272

Geographic Area Served: various locations throughout metro NY

www.jasa.org

- Various community services: recreational and therapeutic programs
- Case management: assessment; benefits, entitlements, and assistance; home-visits as needed; referrals and education
- Social work support: counseling for individuals and families
- Emergency financial services
- Mental health programs: outpatient clinics, supportive programs, and various in-home supportive services (e.g. case management, nursing care, medication management, homecare services)

Selfhelp Community Services

520 Eighth Avenue
New York, NY 10018
212-971-7600

- Case Management; counseling/information/education
- Housing assistance; homecare services
- Financial management (assistance with benefits and entitlements)
- Social programming

One Stop Senior Services

747 Amsterdam Avenue, 3rd Floor
New York, NY 10025
212-864-7900

www.OneStopSeniorServices.org

- Case assistance; social services; advocacy
- Benefits entitlements; crisis intervention; elder abuse program
- Information and referral; education; court escort

SAGE

305 7th Avenue, 6th Floor
New York, NY 10001
212-741-2247

Hours: Monday-Friday, 9am-5pm

- AIDS services for elderly; individual and group counseling
- Crisis intervention; education; information and referral
- Mental health services; social services; advocacy

Safe Horizon

2 Lafayette Street, 3rd Floor
New York, NY 10007
212-577-7700

<http://www.safehorizon.org/index.php?nav=nb>

- Crisis intervention; education; information and referral
- Social services; advocacy; legal and mental health services
- Food/meals; housing

HealthOutreach – New York Presbyterian Hospital

525 East 68th Street
New York, NY 10021
212-746-4351

http://www.nypgeriatrics.org/hea_out.html

- Geriatric care management; socialization programs
- Caregiver service; health and wellness lectures
- Lifeline personal emergency response outlet

Service Program for Older People (SPOP)

302 West 91st Street
New York, NY 10024
212-787-7120

www.spop.org

- Mental health counseling in clinic, in home, and at senior centers
- Mental health assessment and referral
- Entitlements assistance

Senior Centers

Carter Burden Senior Program

351 East 74th Street
New York, NY 10021
212-535-5235

<http://www.burdencenter.org/programs/cb.html>

- Socialization, recreation and education through on-site meals, classes, trips, and a variety of daily activities.

Lenox Hill Senior Center at St. Peter's Church

619 Lexington Avenue
New York, NY
212-935-2200 x338

<http://www.lenoxhill.org/adult.html>

- Lunch, social services, recreational/socialization activities, classes, lectures, weekend cultural trips

Lenox Hill Neighborhood Senior Center

343 East 70th Street
New York, NY 10021
212-744-5905

<http://www.lenoxhill.org/adult.html>

- Lunch, social services, recreational and socialization activities, lectures and fitness classes.

JASA West Side Senior Center

120 West 76th Street

New York, NY 10023

212-712-0170

Eligibility: registration required; 65+ years

<http://www.jasa.org/socialservices.htm>

- Meals served, Meals on Wheels
- Case management and other social, recreational, and therapeutic programming

Stanley M. Isaacs Senior Center

415 East 93rd Street

New York, NY 10128

212-360-7620

Eligibility: 60+ years of age, and proof of NYC residence

Registration in person required

www.isaacscenter.org

- Recreation center with social, cultural, and exercise/wellness programming
- Special interest groups, support groups, and health workshops
- Meals on Wheels program for homebound elderly
- Shopping/escort service available
- Weekend Connections program- Sat and Sun activities for homebound seniors as well as other services

92nd Street YM-YWHA 60+ Program

1395 Lexington Avenue

New York NY 10128

212-415-5500

www.92y.org

- Recreation and education programs
- Social service referrals and counseling
- Eligibility: Age 60+, able to participate in a well-elderly program
- Fees: Call for information

Goddard Riverside Senior Center

593 Columbus Avenue

New York, NY 10024

212-873-6600

- Social services; educational, social, and recreational programming; classes; meals
- Information and referral; friendly visiting

Jewish Community Center in Manhattan

334 Amsterdam Avenue

New York, NY 10023

646-505-4444

- Discussion and support groups; lectures; social events; trips
- Jewish learning classes; health and fitness; legal presentations

Manhattan Valley Golden Age Senior Center

135 West 106th Street, # 1

New York, NY 10025

212-749-7015

- Social services; meals; information and referral
- Recreational, social, and educational activities and programs
- Trips; fitness programs

Project FIND – Clinton Senior Center

530 West 55th Street

New York, NY 10019

212-757-2026

http://www.projectfind.org/pages/senior_crs.html

- Lunch served
- Information and referral; recreational and social activities; trips

Project FIND – Coffeehouse

551 Ninth Avenue

New York, NY 10018

212-947-5466

http://www.projectfind.org/pages/senior_crs.html

- Breakfast and lunch served
- Homeless/housing outreach specialist
- Information and referral; recreational and social programming; trips

Project FIND – Hamilton Senior Center

141 West 73rd Street

New York, NY 10023

212-787-7710

http://www.projectfind.org/pages/senior_crs.html

- Lunch served
- Information and referral; recreational and social programming; trips

Project FIND – Hargrave Senior Center

111 West 71st Street

New York, NY 10023

212-580-0888

http://www.projectfind.org/pages/senior_crs.html

- Breakfast and lunch served
- Information and referral; recreational and social programming; trips

Project FIND – Woodstock Senior Center

127 West 43rd Street

New York, NY 10036

212-575-0693

http://www.projectfind.org/pages/senior_crs.html

- Breakfast and lunch served
- Information and referral; recreational and social programming; trips

Parks and Recreation Centers

http://www.nycgovparks.org/sub_things_to_do/recreation_centers/rc_rc_by_borough.html#manhattan

Blind & Visually Impaired Organizations and Services

American Foundation for the Blind

11 Pennsylvania Plaza, Suite 300

212-502-7600

<http://www.afb.org/>

Commission for the Blind & Visually Handicapped

20 Exchange Place, 2nd Floor (vocational training)

New York, NY 10005

212-825-5710

163 West 125th Street, Room 209 (older adults and homebound)

New York, NY 10027

212 961-8220

<http://www.ocfs.state.ny.us/main/cbvh/>

Jewish Guild for the Blind

15 West 65th Street

New York, NY 10023

212-769-6200

<http://www.jgb.org/>

Lighthouse International

111 East 59th Street

New York, NY 10022

212-821-9200

www.lighthouse.org

- Medicare and Medicaid – Medicare covers 80% of low vision testing and for limited on-site training
- Sliding scale for services
- If legally blind, Commission for Blind will pay for services
- If not legally blind yet, but are 65+ years old, they have grants to help subsidize services
- Vision rehab programs and services; products for adaptive living
- No home care services – all training for independent living

Respite Care and Adult Day Care Programs

Manhattan

NYC Chapter of Alzheimer's Association

- NYC resources- day programs/respite care

www.alznyc.org

<https://ssl-037.vianetworks.net/ALZHEIMERNYC/zelda/generalSearch.asp>

Lenox Hill Neighborhood House

331 East 70th Street

New York, NY 10021

212-744-5022 x1203

www.lenoxhill.org

Project STAR (Support, Training, Advocacy and Respite)

www.lenoxhill.org

- Free individual and group counseling for unpaid caregivers
- Respite care

Health Enhancement Partnership (HEP) Program

212-744-5905

www.lenoxhill.org

- Social adult day care programs to enhance physical and emotional health of mentally and/or physically frail older adults

Center for Alzheimer's Respite Care for the Elderly (CARE)

East 60th Street

212-744-5022

www.lenoxhill.org

- Specialized programming for Alzheimer's disease or related dementia
- Individual and group activities; art and music therapies
- appropriate for moderate dementia/AD patients

C.V. Starr Adult Day Services Program

445 East 85th Street

New York, NY 10028

212-249-0704

Fee: Call for information

<http://www.burdencenter.org/programs/cv.html>

- Recreational and therapeutic day programming for cognitively impaired, physically frail, and elderly clientele
- Case management services available
- Daily breakfast and lunch services
- M-F operation, flexible scheduling available
- Transportation to and from center available

The Burden Center for the Aging, Inc.

1484 First Avenue

New York, NY 10021

212-879-7400

Geographic Area Served: Upper East Side

www.burdencenter.org

- Helping elderly clients to remain independent at home – social services and volunteer programs aimed at individual, family, and community needs
- Counseling, advocacy, entitlement counseling, financial management services, telephone reassurance, on-site crime victims assistance
- Various social/recreational programming

Penn South Program for Seniors-Social Adult Day Center

290 Eighth Avenue

New York, NY 10001

212-243-3670

- Social model day program to enhance individuality and independence for memory impaired older adults; to prevent isolation and depression for clients with dementia
- Respite care, education, counseling and other support services

JASA Caregivers Respite Service

132 West 31st Street, 15th Floor

New York, NY 10001

212-273-5272

Geographic Area Served: call for locations

www.jasa.org

- Information and assistance
- Counseling and support groups
- Individual and group respite services
- Supplemental services: home-delivery of meals; escort/shopping assistance; telephone reassurance; friendly visiting

JASA Social Adult Day Program

132 West 31st Street, 15th Floor

New York, NY 10001

212-273-5272

Geographic Area Served: various senior center locations throughout metro NY

Population: older adults with early to moderate dementia and Alzheimer's disease, or those in frail physical condition

www.jasa.org

- Cognitive enrichment and socialization
- Physical/movement activities and games
- Art and music therapy

The Jewish Home & Hospital Adult Day Centers Programs for: Alzheimer's Disease, Older Adults and Blind/Visually Impaired Adults

Manhattan: 212-870-5091

Bronx: 718-579-0220

Westchester: 914-777-6150

Early and late sessions available

<http://www.jewishhome.org/script.asp?SubCatID=89>

<http://www.jewishhome.org/script.asp?SubCatID=34>

<http://www.jewishhome.org/script.asp?SubCatID=32>

- Door to door transportation; meals served
- Medical/nursing supervision
- Recreational/therapeutic/social programs

Club Isabella Adult Day Health Care

515 Audubon Ave

New York, NY 10040

212-342-9813 or 212-342-9200

Medicaid eligible only

<http://www.isabella.org/adhc.html>

- Various physical, social, therapeutic and recreational programming
- Case management and psych services available
- Bilingual staff
- Breakfast and lunch service; door-to-door transportation
- Alzheimer's/Dementia program

Isabella Respite Care Program

515 Audubon Ave

New York, NY 10040

212-342-9225 or 212-342-9200

<http://www.isabella.org/respitecare.html>

- Eligibility assessment required - certain physical and mental conditions excluded
- Stay-length: call for information

Amsterdam Adult Day Health Care Program

1060 Amsterdam Avenue

New York, NY 10025

212-316-7700 or 212-316-7776

- Meal service: breakfast, lunch, and take-home meal
- Roundtrip, door-to-door transportation including medical appts
- Medicaid and private pay
- PT and OT program; recreational, social, and cultural programs.
- Support for individuals who want to live at home but need supervision during the day

New York Service Program for Older People, Inc.

188 West 88th Street

New York, NY 10024

212-787-7120

www.spop.org

- Mental health counseling
- Adult day program for cognitively frail and/or chronically mentally ill
- Support groups; entitlements assistance

ARC Day Center for the Elderly/ARC

Fort Washington

411 Broadway
New York, NY 10033
212-781-5700

- Social day program for mentally and/or physically frail adults
- Transportation available

Central Harlem S.C. Coalition

120 West 140th Street
New York, NY 10037
212-962-4465

- Dementia-specific social model day program

Caring Community - First Presbyterian Church

12 West 12th Street
New York, NY 10011
212-924-2810

- Dementia-specific social model day program

Caring Community - Independence Plaza

310 Greenwich Street
New York, NY 10013
212-267-0499

- Dementia-specific social model day program

Caring Community - Our Lady of Pompeii

25 Carmine Street
New York, NY 10014
212-675-3120

- Dementia-specific social model day program

Community Caregiving - Fort Washington Houses Services for the Elderly

99 Fort Washington Avenue
New York, NY 10032
212-927-5600

- Dementia specific social model day program for mentally and/or physically frail older adults
- Transportation available

Council Senior Center

241 West 72nd Street
New York, NY 10023

212-799-7205

- Dementia-specific social model day program

Chelsea Adult Day Health Center

121 West 20th Street
New York, NY 10011
212-337-9260

- Dementia-specific medical model day program for mentally frail adults

Education Alliance, Inc. Social Adult Day Program

465 Grand Street, Basement Level
New York, NY 10002
212-358-8489

- Dementia-specific social model day program for adults

Florence Nightingale Adult Day Health Center

1768 Third Avenue
New York, NY 10029
212-360-0360

- Dementia-specific medical model day program for mentally frail adults

Geriatric Program/Adult Day Care at Harlem Hospital Center

506 Lenox Avenue
New York, NY 10037
212-939-3239

- Dementia-specific day program for mentally frail adults

Guild Care - The Jewish Guild for the Blind

15 West 65th Street
New York, NY 10023
212-769-7847

- Medical model day program for blind, mentally and/or physically frail adults
- Transportation available

Hamilton-Madison House

100 Gold Street
New York, NY 10038
212-788-5757

- Dementia-specific social model day program for adults

Hearthstone Alzheimer's Day Care Center at the Esplanade

305 West End Avenue
New York, NY 10023
212-799-5373

- Dementia-specific social model day program for adults

Open Door/Ft. Washington Houses Services for the Elderly

99 Fort Washington Avenue
New York, NY 10032
212-927-5600

- Social model day program for developmentally disabled adults
- Transportation available

Rivington House Adult Day Health Care Program

45 Rivington Street
New York, N Y 10002
212-539-6450

- Medical model day program for mentally and/or physically frail adults and adults w/ AIDS
- Transportation available

Stanley M Isaacs Neighborhood Center

Social Activities for the Frail Elderly (S.A.F.E.)

415 East 93rd Street
New York, N Y 10028
212-360-7620

- Social model day program for mentally and/or physically frail adult
- Transportation available

Sister Josephine Tsuei Senior Day Services at Cabrini Center for Nursing and Rehabilitation

253 South Street
New York, NY 10002
212-233-8402

- Dementia-specific day program for mentally and/or physically frail adults

Temple Israel

12 East 75th Street
New York, NY 10021
646-366-1009

- Dementia-specific social model day program for adults

Village Adult Day Health Center

644 Greenwich Street
New York, NY 10014
212-337-5870

- Dementia-specific medical model day program for mentally frail adults

Queens

Adult Day Care & Family Respite Program at Samuel Field YM-YWHA

58-20 Little Neck Parkway
Little Neck, NY 11362
718-225-6750

- Dementia-specific social model day program for adults
- Transportation available

Alzheimer's Adult Day Care Center-CNR Health Care Network

143-31 101st Avenue

Jamaica, NY 11435

718-297-4700

- Dementia-specific medical model day program for mentally and/or physically frail adults
- Transportation available

Chapin Center for Adult Day Health Care – Chapin Home for the Aging

165-01 Chapin Parkway

Jamaica, NY 11432

718-739-3990

- Medical model day program for mentally and/or physically frail adults
- Visual impairment programming
- Transportation available

Dry Harbor Day Care Center

61-35 Dry Harbor Road

Middle Village, NY 11379

718-424-3169

- Dementia-specific day program

Family Respite Program

Samuel Field YM-YWHA

58-20 Little Neck Parkway

Little Neck, NY 11362

718-225-6750

- Dementia-specific day program

Forest Hills Community House

Adult Day Services

108-25 62nd Drive

Forest Hills, NY 11375

718-592-5757

- Dementia-specific social model day program for mentally and/or physically frail adults
- Transportation available

Granat Alzheimer Center at Parker Jewish Institute for Health Care and Rehabilitation

271-11 76th Avenue

New Hyde Park, NY 11040

718-289-2105

- Dementia-specific social model day program for mentally and/or physically frail adults
- Transportation available

HANAC Social Adult Day Center

22-51 29th Street
Astoria, NY 11105
718-728-0586

- Dementia-specific social model day program for physically frail adults
- Transportation available

Hillside Manor Adult Day Care Center

188-11 Hillside Avenue
Jamaica, NY 11423
718-264-6873

- Dementia-specific medical model day program for physically frail and/or visually impaired adults
- Transportation available

JSPOA Friendship Center - Jamaica Service Program for Older Adults

145-06 Farmers Blvd.
Jamaica, NY 11434
718-657-6660

- Dementia-specific social model day program for mentally and/or physically frail adults
- Transportation available

Margaret Tietz Adult Day Health Care

158-13 72nd Avenue
Flushing, NY 11365
718-591-4500

- Dementia-specific medical model day program for mentally and/or physically frail, and/or visually impaired adults
- Transportation available

Parker Institute Adult Day Health Care Program

Parker Geriatric Institute for Health Care
271-11 76th Avenue
New Hyde Park, NY 11040
718-289-2137

- Medical model day program for mentally and/or physically frail adults
- Transportation available

Queens Blvd Extended Care Facility Adult Day Care

61-11 Queens Boulevard
Woodside, NY 11377
718-205-0288

- Dementia-specific medical model day program for mentally and/or physically frail adults
- Transportation available

Ridgewood-Bushwick Respite Program

69-04 Decatur Street
Ridgewood, NY 11385
718-366-5591

- Dementia-specific social model day program for visually impaired, physically frail adults
- Transportation available

Selfhelp Alzheimer's Resource Program (SHARP)

- Dementia-specific social model day program for mentally frail adults
- Transportation available

Clearview Senior Center

208-11 26th Avenue
Bayside, NY 11360

Scheuer House

138-52 Elder Avenue
Flushing, NY 11355
718 661-4344

Selfhelp Maspeth Senior Center

69-61 Grand Avenue
Maspeth, NY 11378
718-429-3636

St. Albans V.A. Extended Care Center Adult Day Health Care Program

Linden Blvd. and 179th Street
St. Albans, NY 11425
718-526-1000 x2536

- Dementia-specific medical model day program for visually impaired, mentally and/or physically frail adults
- Transportation available

STAR Program (Seniors Thrive in Alzheimer's Respite)

61-01 Queens Blvd.
Woodside, NY 11377
718-803-2800

- Dementia-specific day program

Sunnyside Community Services- Sunnyside Adult Day Services

43-31 39th Street
Sunnyside, NY 11104
718-392-6944

Tyme Away/LIFT - Forest Hills Community House

108-25 62nd Drive
Forest Hills, NY 11375
718-592-5757

- Dementia-specific social model day program for visually impaired, physically frail adults
- Transportation available

VNS Choice Adult Day and Community Services

61-10 Queens Blvd
Woodside, NY 11377
718-803-2800

- Dementia-specific social model day program for mentally and/or physically frail adults
- Transportation available

Woodside Senior Assistance Program – Catholic Charities

61-20 Woodside Avenue
Queens, NY 11377
718 779-1234

- Dementia-specific medical model day program for mentally and/or physically frail adults
- Transportation available

Bronx

Jewish Home and Hospital Life Care Systems Adult Day Care

2545 University Avenue
Bronx, NY 10468
718-579-0220

- Dementia-specific medical model day program for mentally, physically and/or visually impaired adults
- Transportation available

Jewish Home and Hospital Life Care Systems

Club Kittay
2545 University Avenue
Bronx, NY 10468
718-579-0220

- Dementia-specific social model day program for mentally and/or physically frail adults
- Transportation available

Geriatric Day Center Program (at JHH for Aged)

2545 University Avenue
Bronx, NY 10468
718-579-0220

- Dementia-specific medical model day program for mentally, physically and/or visually impaired adults
- Transportation available

The Jewish Home and Hospital Day Program for Memory Impaired Adults

Riverdale YM/YWHA
5625 Arlington

Bronx, NY 10471

718-579-0220

- Social model program for physically frail adults
- Transportation available

Brooklyn

Kings Bay YM-YWHA Alzheimer's Respite Program and VISA

3495 Nostrand Avenue

Brooklyn, NY 11229

718-648-7703

- Dementia-specific social model day program for mentally frail and visually impaired adults
- Transportation available

Maimonides Community Mental Health Center

Brooklyn, NY 11219

718-283-8008 or 718-283-8131

- Dementia-specific medical model day program for mentally frail adults

Midwood Alzheimer's Center

Saint Brendans Apartment

1215 Avenue O

Brooklyn, NY 11230

718-375-3377

- Dementia-specific social model day program for mentally and/or physically frail adults
- Transportation available

Park Slope Geriatric Day Center

199 14th Street

Brooklyn, NY 11215

718-499-7701

- Dementia-specific social model day program for mentally and/or physically frail adults
- Transportation available

Long Island

Gurwin Jewish Geriatric Center Adult Day Health Care Program

68 Hauppauge Road

Commack, NY 11725

631-715-2520

Geographic Area Served: mid-Nassau to mid-Suffolk

Fee: call for information

www.gurwin.org

- Door to door transportation

- Eligible participants: frail elderly, dementia, Alzheimer's, head trauma, developmentally challenged, young physically challenged, MS, MD, Parkinson's, CVA and other neurological psycho-geriatric problems
- Meals served
- Case management; social work support; other therapeutic and recreational programming

The Friendship Circle Social Day Program

516-484-1545

Geographic Area Served: Hempstead, N. Hempstead and Oyster Bay

Fee: Private pay or waived service of LTHHC Program

- Eligible participants: frail, isolated, homebound seniors
- Wheelchair accessible transportation for N. Hempstead
- Meals; exercise programs; recreation; educational programming

Westchester

Central Westchester Senior Day Center

999 High Street

Port Chester, NY 10573

914-937-5040

- Social model day program for mentally and/or physically frail adults
- Transportation available

Club Wartburg

Bradley Avenue

Mt. Vernon, NY 10552

914-699-0800

- Social model day program from mentally and/or physically frail adults
- Transportation available

Edna Lillian Roker Social Adult Day Care Center

252 Bryant Avenue

White Plains, NY 10605

914-761-3885

- Dementia-specific social model day program for mentally, physically and/or visually impaired adults
- Transportation available

Hearthstone Alzheimer's Day Care at the Esplanade

95 South Broadway

White Plains, NY 10601

914-684-1980

- Dementia-specific social model day program for mentally frail adults

Just Like Home, Inc.

2269 Saw Mill River Road

Elmsford, NY 10523

914-345-5016

- Dementia-specific social model day program for mentally and/or physically frail adults
- Transportation available

The Wartburg Adult Day Health Service

Wartburg Place

Mount Vernon, NY 10552

914-699-2512

- Medical model day program for adults

Westchester Jewish Community Services Geriatric Continuing Day Treatment Program

15 Leroy Place

New Rochelle, NY 10801

914-636-0547

- Medical model day program for mentally and/or physically frail adults
- Transportation available

Caregiver Resources

NYC Caregiver Resources

www.NYCCaregiver.org

NYC Chapter of Alzheimer's Association

800-272-3900

www.alznyc.org

DOROT

171 West 85th Street

New York, NY 10024

212-769-2850

www.dorotusa.org

- Caregivers' Connections- caregiver services; support groups; workshops via telephone.

Project STAR (Support, Training, Advocacy and Respite)

Lenox Hill Neighborhood House

331 East 70th Street

New York, NY 10021

www.lenoxhill.org

- Caregiver support group for spouses and partners of frail/elderly adults – individual and group programming available. Call for more information and registration.

Administration on Aging Eldercare Locator

800-677-1116

www.eldercare.gov

American Geriatrics Society Foundation for Health in Aging

The Empire State Building
350 Fifth Avenue, Suite 801
New York, NY 10118
800-563-4916
www.healthinaging.org

National Association of Area Agencies on Aging

1730 Rhode Island Avenue, NW, Suite 1200
Washington, DC 20036
202-872-0888
www.n4a.org

National Council on the Aging

1901 L Street, NW, 4th Floor
Washington, DC 20036
202-479-1200
www.ncoa.org

National Institute on Aging

Building 31, Room 5C27
31 Center Drive, MSC 2292
Bethesda, MD 20892
800-222-4225
www.nia.nih.gov

Alzheimer's Association 24-Hour Helpline

800-272-3900

Alzheimer's Association- NYC Chapter

646-744-2900

American Association of Homes and Services for the Aging

2519 Connecticut Avenue, NW
Washington, DC 20008
202-783-2242
www.aahsa.org

Assisted Living Federation of America

1650 King Street, Suite 602
Alexandria, VA 22314
703-894-1805
www.alfa.org

National Center for Assisted Living

1201 L Street, NW
Washington, DC 20005
202-842-4444

www.ncal.org

Family Caregiver Alliance

180 Montgomery Street, Suite 1100
San Francisco, CA 94104
415-434-3388
www.caregiver.org

National Alliance for Caregiving

4720 Montgomery Lane, 5th Floor
Bethesda, MD 20814
www.caregiving.org

National Family Caregivers Association

10400 Connecticut Avenue, Suite 500
Kensington, MD 20895
800-896-3650
www.nfcares.org/

Well Spouse Association

63 West Main Street, Suite H
Freehold, NJ 07728
800-838-0879
www.wellspouse.org

American Health Assistance Foundation

22512 Gateway Center Drive
Clarksburg, MD 20871
800-437-2423
www.ahaf.org

Center for Medicare and Medicaid Services

7500 Security Boulevard
Baltimore, MD 21244
877-267-2323
866-226-1819 (toll-free TTY)
www.medicare.gov/

Department of Veterans Affairs

Office of Public Affairs
810 Vermont Avenue, NW
Washington, DC 20420
800-827-1000
800-829-4833 (toll-free TTY)
www.va.gov

Rehabilitative/Nursing Home Facilities

Bialystoker Home for the Aged

228 East Broadway
New York, NY 10002
212-475-7755

Cabrini Center for Nursing and Rehabilitation

542 East 5th Street
New York, NY 10009
212-358-6385
<http://www.cabrini-eldercare.org/>

Gouverneur Hospital Skilled Nursing Facility

227 Madison Avenue
New York, NY 10002
212-238-7000

Home of the Sages of Israel

25 Bialystoker Place
New York, NY 10002
212 673-8500

Mary Manning Walsh Home

1339 York Avenue
New York, NY 10021
212-628-2800

Saint Rose's Home

71 Jackson Street
New York, NY 10002
212-677-8132

Terence Cardinal Cooke Health Care Center, SNF

1249 Fifth Avenue
New York, NY 10029
212 360-3600

Village Center for Care, Inc., Village Nursing Home

607 Hudson Street
New York, NY 10014
212 255-3003

Isabella Nursing Home

515 Audubon Avenue
New York, NY 10040
212 342-9200
www.isabella.org/isabellahome.html

- Alzheimer's/Dementia Care
- Short-stay rehabilitation unit
- Respiratory care unit

Kateri Residence

150 Riverside Drive
New York, NY 10024
646-505-3500

- Sub-acute rehabilitation; sub-acute medical care
- Skilled nursing facilities
- Applicants must need 24 hour skilled nursing care or short-term restorative rehab

Amsterdam House

1060 Amsterdam Avenue
New York, NY 10025
212-316-7700

The Rehab Institute of New York (Florence Nightingale Health Center)

1760 Third Avenue
New York, NY 10029
212-410-8700

- Sub-acute and long-term care facility
- Medical model adult day health care program

The Wartburg Adult Care Community – Sub-Acute Care Facility

Wartburg Place
Mt. Vernon, NY 10552
914-699-0800
www.thewartburg.org

- Long-term and short-term care options; on-site or in-home arrangements available
- Alzheimer's & Dementia Care program
- Short-stay respite care program
- Hospice program
- Full range of recreational, social, and therapeutic programming

Gurwin Jewish Geriatric Center

68 Hauppauge Road
P.O. Box 9017
Commack, NY 11725
631-715-2578
www.gurwin.org

- Long-term skilled nursing care and sub-acute care (631-715-2574/2576)
- Assistive living (631-715-8500)
- Licensed home care agency (631-493-1282 or 516-539-2300)
- Long-term home health care (631-387-2160) case management services available

The Jewish Home & Hospital Lifecare System

120 West 106th Street
New York, NY 10025
212 870-4715

www.jewishhome.org

- Sub-acute care facility; short-stay rehab program and long-term health care program
- Multidisciplinary step-down care program
- Specialized services during admission and discharge planning services
- Manhattan, Westchester, and Bronx locations
- Alzheimer's Special Care units and day programs
- Adult day center for blind and visually impaired (Bronx)
- Licensed HAPI (homecare assistance personnel Inc.) affiliation for homecare needs
- Respite care program
- Transportation available

Greater Harlem Nursing Home

30 West 138th Street
New York, NY 10037
212-690-7400

Coler-Goldwater Memorial Hospital

Roosevelt Island
New York, NY 10044
212-318-8000

Rivington House

45 Rivington Street
New York, NY 10002
212-477-3100

Dewitt Nursing Home

211 East 79th Street
New York, NY 10021
212-879-1600

Adult Homes For People With Dementia

Hearthstone Alzheimer Care

305 West End Avenue
New York, NY 10024
212-799-7100

marketing@thehearth.org

- Secure Alzheimer's Disease unit on 7th floor of the Esplanade
- Individualized therapeutic programs for people w/ dementia

Castle Senior Living Community

430 East 80th Street
New York, NY 10021
212-717-8888

www.castleseniorliving.com

- Licensed adult home in NYC for Alzheimer's and other memory impaired seniors
- Programming centered on individual wellbeing and independence
- Supportive services on-site; 24 hour nursing staff and other medical/rehabilitative services available
- Shared and private residences

Housing/Living Communities

The Department for The Aging (DFTA)

<http://nyc.gov/html/hpd/html/for-apartment-seekers/mitchell-lama.html>

http://www.nychdc.org/apartments/d_assisted.htm

<http://www.nyc.gov/html/nycha/>

Online resources:

www.aplaceformom.com

www.newlifestyles.com

www.aoa.dhhs.gov - federal government on aging

www.assistedlivingonline.com - AARP

Manhattan

Independent Living

The Hallmark of Battery City Park

455 North End Avenue
New York, NY 10282
212-791-2500

www.thehallmark-bpc.com

- Has small assisted living program as well
- Pool & fitness center; available concierge services.
- 570 SF studio; 700 SF 1 BR; 1,178 SF 2BR.
Cost: call for information

Atria

333 West 86th Street
New York, NY 10024
212-712-0200

www.atriaretirementliving.com

- 3 meals/day served
- Pet friendly, luxurious w/ recreation and amenities
- 24 hour concierge; emergency pull cords in apts.; sign-out sheets
- Cost: call for information

The Esplanade

305 West End Avenue

New York, NY 10023

212 874-5000

www.esplanadesenior.com

- Secure Alzheimer's Disease unit on 7th floor – leased to Hearthstone Alzheimer's Care
- 3 Kosher meals served each day
- Cost: call for information

James Lenox House, Inc.

49 East 73rd Street

New York, NY 10021

212-288-7379

- independent living

Metropolitan NY Coordinating Council

9 Murray Street, 4th Floor

New York, NY 10007

212-267-9500

- independent living

St. Margaret's House

49 Fulton Street

New York, NY 10038

212-766-8122

- independent living

Selfhelp Community Services, Inc.

440 Ninth Avenue

New York, NY 10001

212-971-7600

- independent living

Wien House

60 Nagle Avenue

New York, NY 10040

212-304-1800

- independent living

Enriched Housing – entitles residents to 3.5 hours/week of personal care at no additional cost

Carnegie East House

1844 Second Avenue

New York, NY 10128

212-410-0033

www.carnegieeast.org

- Non-profit – 20% of apartments are subsidized and are set aside for moderate income residents
- 3 meals/day served; housekeeping and other amenities
- Cost: call for information

Assisted-Living Housing – assistance with ADLs/IADLs at no additional cost

Lott Assisted Living Residence

1261 Fifth Avenue
New York, NY 10029
212-534-6464

- Assistance with every aspect of daily life – dressing, transportation within and outside residence, personal hygiene – at no additional cost
- Medicaid eligibility determined to cover costs
- Studio apartments
- Very diverse population
- Cost: call for information

West 74th Street Home

300 Amsterdam Avenue
New York, NY 10023
212-595-8983

<http://www.w74streethome.org/index10.htm>

- No frills; limited amenities and activities
- No kitchenettes, small room, shared rooms and/or shared bathrooms
- Meals served
- Some apartments are set aside for government subsidized housing
- Cost: call for information

The Williams

720 West End Avenue
New York, NY 10025

- Salvation Army run
- 3 meals/day served cafeteria-style
- Largest and best reading library of senior residences in area
- Eclectic and diverse population
- Cost: call for information

Supportive Living Housing – 3 hours/week of personal services at no additional cost

The Village @ 46th and Ten

510 West 46th Street
New York, NY 10036
212-977-4600

www.villagehousing.org

- Moderate to low income seniors who are struggling but need 24 hours of supervision
- 3 hours/week of personal services (useable for anything from shopping assistance to personal hygiene)
- No frill space, amenities and activities
- Cost: call for information

Queens

Sterling Glen of Forest Hills

112-50 72nd Avenue

Forest Hills, NY 11375

718-261-5300

- Comfortable Studios and 1-Bedroom Apartments (Private or Shared)
- Kitchenettes with Refrigerators and Microwave Ovens in All Apartments
- 24-Hour Emergency Call Response System
- Luxury amenities and on-site services; concierge service
- 3 meals served/day
- Daily housekeeping service; linen and laundry services
- Transportation and other recreational programming

Medical Home Visits/Physician Services/Health Information

Visiting Nurse Service of NY

Geographic Area Served: metro NY

Fee: Medicare/Medicaid/Insurance

888-VNS-1-CALL

www.vnsny.org

Mt. Sinai Visiting Doctors Program

The Mount Sinai Hospital

One Gustave L. Levy Place, Box 1216

New York, NY 10029

212-241-4141

Available by telephone 24hrs/day, 7days/week

Fee: Medicaid/Medicare

- Multidisciplinary care and service for homebound adults – routine and urgent care visits
- Serves: frail, older adults; people w/ dementia, cancer, psychiatric illness, diabetes, neuromuscular disease; terminally ill
- Coordination of medical care, social work support/counseling and any practical services
- Referrals and follow-up care
- Palliative care

Medical House Calls

301 East 75th Street

New York, NY 10021

917 885-9409

Geographic Area Served: Manhattan (Wall St. to 96th St.)

Fee: Private pay at time of visit (reimburse through insurance)

- Private agency making house-calls for common ailments

Docs-for-Seniors Sites

Health education lectures – call each site for dates and topics

Lenox Hill Neighborhood House Senior Center at St. Peter's Church

E. 54th St. and Lexington Ave.

212-935-2200

Lenox Hill Neighborhood House Senior Center

212-744-5905

Stanley Isaacs Senior Center – Dining room

415 East 93rd Street (bet. 1st and York Aves)

212-360-7620

Lincoln House, Community Room (senior housing building)

303 West 66th St. and West End Ave.

212-875-8958

92nd St. Y

1395 Lexington Avenue

212-415-5636

Arthur B. & William Brown Gardens

212-369-5523

The Park Avenue Women's Shelter

212-570-1461

Meal Delivery Programs/Food Programs

DOROT

171 West 85th Street

New York, NY 10024

212-769-2850

Fee: sliding scale

http://www.dorotusa.org/site/PageServer?pagename=seniors_you_D

- *Kosher Meals for the Homebound* program (weekly delivery of frozen kosher meals)

The Burden Center for the Aging, Inc.

1484-1486 First Avenue

New York, NY 10021

212 879-7400

Geographic Area Served: Upper East Side

<http://www.burdencenter.org/programs/cb.html>

- Meals served on site
- Meals on wheels program

Stanley M. Isaacs Senior Center

415 East 93rd Street

New York, NY 10128

212-360-7625

Eligibility: 60+ years of age, and proof of NYC residence

Registration in person required

<http://www.isaacscenter.org/seniors.html>

- Meals on wheels for homebound elderly

JASA West Side Senior Center

120 West 76th Street

New York, NY 10023

212-712-0170

Eligibility: for meal delivery, home visit required; 65+ years; registration required.

www.jasa.org/homeservices.htm

- Daily meal served
- Meals on Wheels to homebound elderly

JASA

Main office: 132 W. 31st St., 15th Floor, New York, NY 10001

Referral Hotline: **212 273-5272** (all intakes channeled through this main number)

Geographic Area Served: various locations throughout metro NY

- Senior centers serving meals and Meals on Wheels programs

Catholic Charities

<http://www.catholiccharitiesny.org/index.cfm?PageToShow=feedingthehungry.cfm&What=Helping%20Families%20%26%20Individuals>

Meals on Wheels Association of America

1414 Prince Street, Suite 302

Alexandria, VA 22314

703-548-5558

www.mowaa.org

Food Stamps Program

Application and instructions

Special hours marked by asterisk

http://www.nyc.gov/html/hra/html/news_press03_05.html

Hospice/Palliative Care

Cabrini Medical Center

212-995-6480

www.cabrininy.org/hospiceMain.html

- Inpatient care programs for short-term acute care needs
- Home care program with medical and social work support services

Calvary Hospital Hospice Program

866-888-6680 (general)

718-518-2465 (hospice)

<http://www.calvaryhospital.org/site/pp.asp?c=dfIKITMGG&b=132568>

- Inpatient and outpatient hospice services providing comprehensive support for patients and families

Jacob Perlow Hospice

1775 Broadway, Suite 300

New York, NY 10019

212-420-2844 for general information and referrals

www.hospiceNYC.org

- *Bereavement Program* 212-844-5754
- Various support groups at different sites/boroughs

The Metropolitan/Jewish Hospice of Greater New York

6323 Seventh Avenue

Brooklyn, NY 11220

718-921-7900

www.metropolitanhospice.org

- Home-care hospice program
- Medical management, spiritual guidance, and emotional support through multidisciplinary team services in the home

Americans for Better Care of the Dying

4200 Wisconsin Avenue, NW

Washington, DC 20016

202-895-2660

www.abcd-caring.org

National Hospice Foundation

1700 Diagonal Road, Suite 625

Alexandria, VA 22314

800-338-8619

www.hospiceinfo.org

Partnership for Caring, Inc., America's Voice for the Dying

1620 Eye Street, NW, Suite 202

Washington, DC 20006

800-989-9455

www.partnershipforcaring.org

Visiting Nurse Associations of America

99 Summer Street, Suite 1700
Boston, MA 02110
888-866-8773
www.vnaa.org

Legal Services

Stanley M. Isaacs Senior Center

415 East 93rd Street
New York, NY 10128
212-360-7620
www.isaacscenter.org/seniors.html

- Volunteers of Legal Service (VOLS) provide monthly sessions for seniors on broad range of legal matters
- Homebound elderly can schedule calls
- Must be member of senior center to participate

JASA

120 West 76th Street
New York, NY 10023
212-712-0170
www.jasa.org

- Monthly legal panel for Q&A session

The Burden Center for the Aging, Inc.

1484 First Avenue
New York, NY 10021 (77th and 78th)
212- 879-7400
www.burdencenter.org

- Case assistance; finance and tax services
- Entitlement and housing; landlord/tenant issues
- Referral to free legal help if qualified

Samuel Sadin Institute on Law

Brookdale Center on Aging of Hunter College
425 East 25th Street
New York, NY 10010
212-481-2076
www.brookdale.org

- Legal support program for professionals and advocates in providing assistance to the elderly poor – training, seminars and support

Legal Services for the Elderly

212-391-0120

- Advisory center for legal services lawyers specializing in legal problems and areas affecting the elderly
- Brief advice on issues like: Medicaid, Medicare, guardianships, SS, SSI, pensions and employee benefits, age discrimination, and nursing home care
- Select representation in some cases
- Serves the 5 boroughs, interpreters available, some income guidelines apply (family income should be at or below 125% poverty level)

City Bar Fund – Community Outreach Law Program – Elderlaw Project

212-382-6708

Legal Clinics at various senior sites every other month (call for details)

- Assistance either by telephone intake or at legal clinics
- Services include: life planning matters like wills, health care proxies, living wills and powers of attorney
- Advice, counseling and referrals on gov't benefits, consumer issues and other senior citizen issues
- Serves 5 boroughs, 60+ years old, and family income at or below 200% poverty level

Cardozo Bet Tzedek Legal Services

212-790-0240

- Legal services clinic represents elderly and individuals w/ disabilities who can't afford private counsel
- Cases that involve entitlement (SS, Medicare, Medicaid), housing and consumer affairs
- Full legal representation and brief advice

Manhattan Cabrini Immigrant Services

212-791-4590

American Bar Association Commission on Law and Aging

740 15th Street, NW, 8th Floor

Washington, DC 20005

202-662-8690

www.abanet.org/aging

National Academy of Elder Law Attorneys

1604 North Country Club Road

Tucson, AZ 85716

520-881-4005

www.naela.org/

National Senior Citizens Law Center

1101 14th Street, NW, Suite 400

Washington, DC 20005

202 289-6976

www.nslc.org

Transportation Programs

MTA Reduced Fare Program

<http://www.mta.nyc.ny.us/nyct/fare/rfindex.htm>

Access-A-Ride

<http://www.mta.nyc.ny.us/nyct/paratran/guide.htm>

New York Foundation for Senior Citizens- Project C.A.R.T.

11 Park Place, 14th Floor

New York, NY 10007

212-962-7559

<http://www.nyfsc.org/services/freetrans.html>

- call to make pick-up arrangements for car service

Medication/Prescription Drugs

EPIC

<http://www.health.state.ny.us/nysdoh/epic/faq.htm>

Food and Drug Administration

888-INFO-FDA (463-6332)

www.fda.gov/cder

National Council on Patient Information and Education

4915 Saint Elmo Avenue, Suite 505

Bethesda, MD 20814

301-656-8565

www.talkaboutrx.org

Partnership for Prescription Assistance

www.helpingpatients.org/

Human Resources Administration Services and Programs

Medicaid Offices

http://home2.nyc.gov/html/hra/html/directory/medicaid_offices.shtml

Home Care Services Program

http://home2.nyc.gov/html/hra/html/directory/home_care.shtml

Food Stamps & Food Programs

<http://home2.nyc.gov/html/hra/html/directory/food.shtml>